**WI members are invited to write a letter explaining how the WI has influenced or impacted them as an individual, and how it has helped them become the woman they are today.**

**Members should consider how their letter would inspire other women and girls and encourage them to join the WI. Entries must be no more than 500 words; the letter can either be left open or addressed to a particular individual.**

**Competition Schedule**

* Each entry must include a total word count; entries with over 500 words will not be accepted. It is the responsibility of the individual member to ensure that their entries submitted have the correct word count.
* Members can submit as many entries as they wish.
* Entry fee is £5 per entry. Critiques are optional and must be selected and paid for as an additional fee. Cost for this option is £10 (entry fee and critique) per entry.
* Requests for late entries to receive a critique by the judges, outside of the competition timeframe, will not be granted.
* Entries cannot be acknowledged. All entrants will be informed of the results via email (unless postal letter is specifically requested). Federations will be informed approximately 1 week after the entrants and the results will go live on social media and My WI a further 1 week later.
* Please do not send your entry to your federation office; federations will not be expected to forward entries to the NFWI, nor return to the writer.
* All entries must be accompanied by a completed Competition Entry Form.

**Timescale**

Deadline for entries to be submitted for judging: 28 July 2023

Results to be announced to entrants: by mid-October

**Electronic Entries**

Please email your entry and Competition Entry Form to activities@nfwi.org.uk Please ensure that your entry remains anonymous (you can sign the letter off with your initials, but for judging purposes, do not include your name, WI or federation).

**Postal Entries**

The preferable method of entry is via email; however, we appreciate this is not an option, or favoured by all, and postal copies are still welcomed.

If you would prefer to submit your entry by post, please submit 3 copies of your entry. Please ensure that your name, WI and federation are only written on the first copy; the remaining 2 copies must be anonymous (as stated above, you can sign the letter off with your initials, but for judging purposes, do not include your name, WI or federation). A Competition Entry Form must be completed and attached to the top copy of your entry.

Please send postal entries to:

NFWI Education and Training

The Lambourn, Wyndyke Furlong, Abingdon, OX14 1UJ

**Prizes**

The winner will be presented with the \*Lady Denman Cup at the Annual Meeting 2024.

Book tokens will also be given as prizes: 1st prize, book tokens to the value of £75; 2nd prize book tokens to the value of £50 and 3rd prize book tokens to the value of £30.